

KRISTEN COUPER SCHELLHASE, MEd, ATC/L, CSCS

EDUCATION

1996-1997 Master of Education, CAAHEP accredited athletic training graduate program at **The University of Virginia**

1992-1996 Bachelor of Science, Exercise and Sport Science, CAAHEP accredited athletic training undergraduate program at **The Pennsylvania State University**

2004- Post-Baccalaureate student, taking Curriculum Theory and Organization (EDG 6223), applicant for EdD Program in Curriculum and Instruction at the **University of Central Florida**

EMPLOYMENT

2004- **Program Director, Athletic Training Educational Program, University of Central Florida**

- Instruct Biomechanics of Sport lab and lecture (PET 4315), Art and Science of Athletic Training lab and lecture (PET 3623C), Therapeutic Modalities lab and lecture (PET 4632), Applied Fitness in Sport (PET 4606), and Senior Seminar (PET 4674)
- Prepare program reviews, accreditation documents, institutional effectiveness reports and annual reports
- Maintain JRC-AT accreditation standards
- Develop and revise curriculum
- Administration of the program, including recruitment, admissions, retention and graduation
- Advise students in the Athletic Training Educational Program

2000- 2004 Adjunct Instructor, Athletic Training Educational Program, University of Central Florida

- Instructor for Biomechanics in Sport, lab and lecture (PET 4315), 2001-Present
- Instructor for Therapeutic Modalities lab and lecture (PET 4632), 2002-Present
- Lab instructor and lecturer for Applied Fitness (PET 4606), 2004-Present
- Regional Coordinator and Clinical Site Evaluator, 2003-Present
- Revised the clinical competencies for ATEP students, 2003
- Revised the ATEP Student Handbook, 2003
- Approved Clinical Instructor, 2001-Present
- NATA approved Examiner/Model for national examination, 2000-Present
- Lab instructor and lecturer for Therapeutic Exercises (PET 4630), 2000
- Lab instructor and lecturer for Therapeutic Modalities (PET 4632), 2000-2001
- Lab instructor and lecturer for Principles of Athletic Training (PET 3620), 2001

1999- 2004 Associate Athletic Trainer, University of Central Florida

- UCF is a Division 1 university in the Atlantic Sun Conference
- Primarily assigned to Women's Softball, 2 years- present
- Primarily assigned to Track and Field and Cross Country, 2 years
- Revised and Coordinated the billing and insurance process for the Sports Medicine Department
- Assisted in writing and implementing the drug testing policy

- Member of the UCF Eating Disorders Task Force, 2000-2001
- Member of the University Student Insurance Committee, 2002-Present
- Member of University Grievance Committee, 2003

1997-1999 Assistant Athletic Trainer, Coastal Carolina University

- CCU is a Division 1 university in the Big South Conference
- Primarily assigned to women's volleyball, women's basketball, men's soccer and baseball
- Established and enforced concrete objectives for the student athletic training interns
- Coordinated billing and insurance for all sports
- Coordinated inventory, bidding and purchasing of supplies
- Assisted with illegal/banned substance testing
- Coordinated camp staff and student athletic trainers for all summer camps

1996-1997 Graduate Assistant Athletic Trainer, Washington and Lee University

- Primarily assigned to football, women's volleyball, basketball, and baseball

1993-1993 Volunteer Emergency Medical Technician, Cetronia Ambulance Corps

PUBLICATIONS AND PRESENTATIONS

- Thesis abstract publication in the Journal of Athletic Training
- Thematic poster presentation at 1998 NATA convention
- Thesis slide presentation at 1997 District 3 convention, Charlotte, NC
- Speaker, "The Art and Science of Sports Medicine" conference, June 1997

LICENSES AND CERTIFICATES

- Certified Athletic Trainer, 1996-present (Certification #069602489)
- Certified Emergency Technician, 1993-1999
- National Strength and Conditioning Association Certified Strength and Conditioning Specialist, 1999-Present (Certification #99-04-30-038)
- American Red Cross Community CPR and First Aid, 1990-present
- Member of National Athletic Trainers Association, 1995-present (Member #950906)
- Completed Course in "Fabrication of Foot Orthotic Devices", 1998
- Approved Curriculum Instructor Certification, 2001

HONORS AND MEMBERSHIPS

- Florida representative for the Women in Athletic Training NATA National Committee, 2004
- Member of College Athletic Trainers Society, 2003-Present
- National Athletic Trainers Association 1997-Present
- National Strength and Conditioning Association, 1999-Present
- Golden Key National Honor Society, 1994-1996
- Health and Human Development Honor Society, 1994-1996
- Alpha Xi Delta National Fraternity, 1992-1996

OTHER ATHLETIC TRAINING EXPERIENCE

- UCF Softball camps 2002-2003
- Volunteer at the Olympic Training Center, Chula Vista, Ca. Summer 2001
- Myrtle Beach Marathon, 1999 and Disney Marathon, 2000-2003
- Tyco Gridiron Classic, 2001 and NFL Europe Developmental League Camp, 2001

-NATABOC Model/Examiner, 2000-2004

COMPUTER SKILLS

-ANAM Concussion Evaluation Software

-Sports Injury Monitoring Systems (SIMS)

-SportsWare

-Microsoft Office

